

## Instructional Gymnastics Classes September 2022 - June 2023

Monthly Tuition *	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	
<b>ARTISTIC GYMNASTICS</b>								
Artistic Beginner Ages 6+ 1.5 hour class/week	\$146.67	5:00-6:30 PM 6:45-8:15 PM	5:00-6:30 PM 6:45-8:15 PM	5:00-6:30 PM 6:45-8:15 PM	5:00-6:30 PM	5:00-6:30 PM 6:45-8:15 PM	9:00-10:30 AM 10:45-12:15 PM 12:30-2:00 PM	10:45-12:15 PM
Artistic Beginner 9+ Ages 9+ 1.5 hour class/week	\$146.67		6:45-8:15 PM		6:45-8:15 PM		12:45-2:15 PM	
Artistic Novice Ages 6+ 1.5 hour class/week	\$146.67	6:45-8:15 PM	6:45-8:15 PM	5:00-6:30 PM 6:45-8:15 PM	6:45-8:15 PM		10:45-12:15 PM 12:30-2:00 PM	
Artistic Intermediate Ages 7+ 2 hour class/week	\$188.57	6:15-8:15 PM			4:00-6:00 PM		12:30-2:30 PM	
Artistic Advanced Ages 8+ 2 hour class 2x/week	\$285.71	6:15-8:15 PM					12:30-2:30 PM	
<b>TRAMPOLINE &amp; TUMBLING</b>								
T&T Beginner Ages 6+ 1.5 hour class/week	\$146.67	5:00-6:30 PM	6:45-8:15 PM	5:00-6:30 PM	5:00-6:30 PM	6:45-8:15 PM	9:00-10:30 AM 12:30-2:00 PM	9:00-10:30 AM
T&T Beginner 9+ Ages 9+ 1.5 hour class/week	\$146.67			6:45-8:15 PM			11:30-1:00 PM	
T&T Novice Ages 6+ 1.5 hour class/week	\$146.67	6:45-8:15 PM	5:00-6:30 PM 6:45-8:15 PM	6:45-8:15 PM			10:45-12:15 PM	
T&T Intermediate Ages 7+ 2 hour class/week	\$188.57		6:15-8:15 PM			5:00-7:00 PM	9:00-11:00 AM	
T&T Advanced Ages 8+ 2 hour class 2x/week	\$285.71		6:15-8:15 PM			5:00-7:00 PM		
Jump'n Trampoline Ages 6+ 1 hour class/week	\$104.76			6:15-7:15 PM			12:45-1:45 PM	
Flip'n Trampoline Ages 9+ 2 hour class/week	\$188.57	6:15-8:15 PM						
<b>SPECIALTY CLASSES</b>								
Homeschool Class Ages 5+ 1.5 hour class/week	\$146.67	11:30-1:00 PM		9:00-10:30 AM	2:00-3:30 PM			
Ninja Gym Ages 6+ 1 hour class/week	\$104.76	5:00-6:00 PM			6:15-7:15 PM		12:30-1:30 PM	
Teen Gymnastics Ages 12+ 1.5 hour class/week	\$146.67			7:30-9:00 PM				
Dancer/Cheer Tumbling Basics Ages 6+ 1 hour class/week	\$104.76		5:00-6:00 PM				11:15-12:15 PM	
Dancer/Cheer Tumbling Advanced Ages 7+ 1 hour class/week	\$104.76		7:00-8:00 PM			7:15-8:15 PM	12:30-1:30 PM	
Adult Gym & Fitness Ages 18+ 1.5 hour class/week	\$146.67		8:00-9:30 PM					

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<b>KINDERGYM</b>								
Baby Gym (Parented) 3-16 months old 45 min class/week	\$83.81	4:15-5:00 PM	10:15-11:00 AM			8:30-9:15 AM		
Tiny Tots (Parented) 1.5-3 years old 45 min class/week	\$83.81	9:15-10:00 AM 1:00-1:45 PM 5:15-6:00 PM	9:15-10:00 AM 5:15-6:00 PM	10:45-11:30 AM 2:15-3:00 PM 5:15-6:00 PM	10:45-11:30 AM	9:15-10:00 AM 10:15-11:00 AM 11:15-12:00 PM		
Super Tots 3-4 years old 1 hour class/week	\$104.76	10:15-11:15 AM* (*Parented*) 11:30-12:30 PM 12:45-1:45 PM 2:00-3:00 PM 4:00-5:00 PM 6:15-7:15 PM	9:00-10:00 AM 10:15-11:15 AM 4:30-5:30 PM	9:15-10:15 AM 4:00-5:00 PM	9:30-10:30 AM 1:00-2:00 PM* (*Parented*) 5:15-6:15 PM	5:00-6:00 PM	9:00-10:00 AM 10:15-11:15 AM 11:30-12:30 PM	10:15-11:15 AM
Junior Kinders 4-6 years old 1 hour class/week	\$104.76	9:00-10:00 AM 10:15-11:15 AM 5:15-6:15 PM 6:30-7:30 PM	9:00-10:00 AM 11:15-12:15 PM 4:00-5:00 PM 5:45-6:45 PM 6:15-7:15 PM	10:30-11:30 AM 4:00-5:00 PM 5:15-6:15 PM 6:30-7:30 PM	9:30-10:30 AM 10:45-11:45 AM 12:45-1:45 PM 2:15-3:15 PM 4:00-5:00 PM 6:30-7:30 PM	6:15-7:15 PM	9:00-10:00 AM 10:15-11:15 AM 11:30-12:30 PM	9:00-10:00 AM 11:30-12:30 PM
Advanced Kinders 5-6 years old 1.5 hour class/week	\$146.67	4:30-6:00 PM 5:00-6:30 PM	11:30-1:00 PM 5:00-6:30 PM	4:00-5:30 PM 5:45-7:15 PM	4:00-5:30 PM 5:45-7:15 PM	5:00-6:30 PM	9:00-10:30 AM 10:45-12:15 PM	
<b>DROP-IN GYMNASTICS</b>								
Kinder Drop-In Walking - 6 years old	\$10/time			12:45-2:00 PM				
Teen Drop-In Ages 12-17	\$10/time				7:30-8:45 PM			
Adult Drop-In Ages 18+	\$10/time			8:15-10:00 PM				
EMPWR Movement Dance Ages 18+	\$15/time			8:15-9:45 PM				
Former Gymnasts Ages 16 +	\$15/time	9:00-10:30 AM						

\* Monthly Tuition and Pegasus Membership costs are before GST. A Pegasus Membership is required for all classes.

### PEGASUS MEMBERSHIP

Everyone participating must have a valid 2022-2023 Pegasus Membership. This is an annual membership and includes insurance coverage through the Alberta Gymnastics Federation which is \$67.60 + GST and for Drop-in is \$17.14 + GST. Pegasus Membership is mandatory for all programs and is valid from July 1st – June 30th. Pegasus Memberships are non-refundable.

### CUSTOM CLASSES

We're offering custom instructional gymnastic based classes tailored to your specific needs. Looking to learn specific skills, cross-train for your sport, or even looking for one of our current programs at a different time, let us know. We do require a minimum of 4 participants, so bring your friends!

### BIRTHDAY PARTIES

Pegasus EAST offers different party packages to be able to choose exactly what you would like to do for your child's birthday!  
**It's easy to book!**  
Email [bookings@pegasusgym.ca](mailto:bookings@pegasusgym.ca)



### PEGASUS EAST

Unit 18, 11166 42 St SE, Calgary, AB T2C 1Y8  
587-352-8685