



2019 Alberta Cup #2

Friday, April 5th			
	Tumbling	Trampoline	DMT
4:00-4:20	General Warm-up		
4:20-4:30	March in/O'Canada		
4:30-5:10		Level 7&8 W&M	Level 5 M
5:10-5:50		Level 5 W	Level 6 W&M
5:50-6:30		Level 5 W	Level 5 W-
6:30-7:10		Level 5 M	Level 5 W-
7:10-7:50		Level 6 W&M	Level 5 W+
7:50-8:30		Level 5&8 synchro	Level 7&8
8:30		Awards	

Saturday, April 6th			
	Tumbling	Trampoline	DMT
7:30-7:50	General Warm-up		
7:50-8:00	March in/O'Canada		
8:00-8:30	Level 5 W	Level 1 Synchro	Level 4M
8:30-9:10	Level 5 W	Level 1 Synchro	Level 4 M
9:10-9:50	Level 5 M	Level 2 Synchro	Level 4 W
9:50-10:30	Level 6-8 W&M	Level 3 Synchro	Level 4 W
10:30-11:10	Level 4 M	Level 4 Synchro	Level 7&8
11:10-11:50	Level 4W	Level 3 W	Level 6 W&M
11:50-12:30	Level 4 W	Level 3 W	Level 5 W-
12:30-1:10	Level 1 W-	Level 3M	Level 5 W-
1:10-1:50	Level 1 W-	Level 4 W	Level 5 W+
1:50-2:30	Level 2 W-	Level 4 W	Level 5 M
2:30-3:10	Level 2 W-	Level 4 M	Level 4 W
3:10-3:50	Level 3 M	Level 5 W	Level 4 W
3:50-4:30	Level 5 W	Level 5 W	Level 4M
4:30-5:10	Level 5 W	Level 5 M	Level 4 M
5:10-5:50	Level 5 M	Level 6 W&M	Level 2 W-
5:50-6:30	Level 6-8 W&M	Level 7&8 W&M	Level 2 W-
6:30-7:10	Level 4 M	Level 2 W +	Level 3 W
7:10-7:50	Level 4W	Level 2 W+	Level 3 W
7:50-8:30	Level 4 W		Level 2 M
8:30	Awards		

Sunday, April 7th			
	Tumbling	Trampoline	DMT
8:30-8:50	General Warm-up		
8:50-9:00	March in/O'Canada		
9:00-9:35	Level 1 W +	Level 2 W-	Level 2 W +
9:35-10:10	Level 1 W+	Level 2 W-	Level 2 W+
10:10-10:45	Level 2 W +	Level 1 W +	Level 1 W-
10:45-11:20	Level 2 W+	Level 1 W+	Level 1 W-
11:20-11:55	Level 3 W	Level 1 M	Level 1 W +
11:55-12:30	Level 3 W	Level 2 M	Level 1 W+
12:30-1:05	Level 1 M	Level 1 W-	Level 3M
1:05-1:40	Level 2 M	Level 1 W-	Level 1 M
1:40	Awards		