

GymPower

Schedule

Friday February 11

Session W1

JO Level 6 (2007-2011)

- Warm up: 8:00 - 8:15
- Competition: 8:25 – 11:30am

Session W2

JO Level 6 (2002-2006)

- Warm up: 12:00 – 12:15pm
- Competition: 12:25 – 3:00pm

Session W4

JO 10

JO 9

HP – Senior – Novice

CWG

Aspire 1

Aspire 2

- Warm up: 4:00 – 4:20pm
- Competition: 4:30 – 7:30pm

Saturday February 12

Session: W4

JO Level 7

- Warm up: 8:00 – 8:15am
- Competition: 8:25 – 11:00am

Session W5

JO Level 8

- Warm up: 11:30 – 11:45am
- Competition: 11:55 – 3:00pm

Session W8

JO Level 10

JO Level 9

HP

EVENT FINALS

- Warm up: 4:40 – 5:00pm
- Competition: 5:10 – 8:30pm

Sunday January 13

Session W10

JO Level 3

- Warm up: 10:45 – 11:00am
- Competition: 11:10 – 1:00pm

Session W11

JO Level 4

JO Level 5

- Warm up: 1:30 – 1:45pm
- Competition: 1:55 – 4:15pm